

COMPREHENSIVE REHABILITATION INSTITUTE

- Neurorehabilitation
- Orthopedic rehabilitation
- Traumatic rehabilitation
- Modern medical facility
- Advanced technologies

WE TREAT THE FOLLOWING PROBLEMS:

- Conditions after a stroke
- Conditions after injuries and surgeries of the musculoskeletal and nervous system
- Impaired mobility after brain, spinal cord and peripheral nerve damage
- Conditions following total joint endoprosthesis (e.g. hip and knee replacement)



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NEURO- REHABILITATION

We provide medical rehabilitation that focuses on acquired (not congenital) brain and spinal cord injuries. An experienced, multidisciplinary team helps the client to restore impaired motor and cognitive skills. We strive to return the client's quality of life with minimal functional deficits.



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PHYSIOTHERAPY AND PHYSICAL THERAPY

Individual rehabilitation led by a knowledgeable and experienced therapist is the basis of treatment. The physiotherapist needs to understand the extent of the client's disability and suggest the most effective treatments and methods. Each lesson is tailored to the specific needs of the client and takes into account the progress made. The therapist uses the latest rehabilitation technologies.



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UPPER LIMBS REHABILITATION

This rehabilitation focuses on improving fine and gross motor skills, tactile and grip functions of the hand, improving gesticulation and self-care.

Advanced robotic systems help the client improve their movement skills and abilities. For clients where range of motion is not limited, we focus on speed, accuracy and hand muscle conditioning. Therapy takes place in both real and virtual environments.

Hand training can be combined with training of cognitive functions such as attention, memory, speech, planning, etc.

As a result, you'll be able to cope better with everyday activities (e.g. dressing, eating, drinking and personal hygiene), sports or work activities.



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STANDING AND WALKING REHABILITATION

These are therapies aimed at activating and strengthening the muscles of the lower limbs and muscles along the spine. Improving balance and coordination when walking helps restore natural movement.

Using modern gait analysis, we can objectively evaluate the patient's condition and prepare targeted training. Special trainers allow precise judgement of the client's load or relief, number of repetitions and involvement in virtual reality.



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MEDICAL SPA TREE OF LIFE

Rehabilitation, reconditioning and wellness are the three main lines of therapeutic programmes at Tree of Life.

This spa resort offers luxurious facilities for restorative activities. The procedural part uses all available resources of the company - healing peat, mineral water, modern technology and knowledgeable staff.

If necessary, clients can benefit from sophisticated neurorehabilitation therapies in Comprehensive rehabilitation institute. And to complement the recreational programmes, Tree of Life offers a swimming pool, saunas, fitness and outdoor activities.

The hotel has a variable buffet system, cuisine that respects the specific customs of our guests and a wide selection of drinks in the lobby and restaurant.





PROGRAMMES PROVIDED AT TREE OF LIFE

We offer the following programmes:

- ▶ Rehabilitation and reconditioning, relief from musculoskeletal pain
- ▶ SLIM programme
- ▶ Wellness
- ▶ Beauty programmes



Part of the reconditioning programmes include a medical consultation and consultation with an orthopedist.

Tree of Life offers a wide range of rehabilitation activities, as well as swimming pool, fitness, Organic and Garden spa, effective beauty and full body treatments.

RECONDITIONING

The spa resort uses rehabilitation treatments that have been used successfully for over a century. For our clients, we create effective programmes that use hydrotherapy, therapeutic peat, wraps, massages, underwater massages, oxygen therapy, physiotherapy, electrotherapy and many other procedures.

Accompanying persons can indulge in various types of massages, lymphatic drainage, ayurvedic treatments, facials, peels and pedicures.

Daily walks in the surrounding nature improve not only physical fitness but also mental relaxation.





SLIM PROGRAMME

This programme is the result of our long-term weight reduction activities. The programme is based on the collaboration of a doctor, a nutritionist and movement therapists. It is based on medical examinations, body fat analysis, laboratory blood tests and repeated measurements of all parameters.

The basic pillars of the programme are individual diet and exercise. Movement therapy takes place in the pool, fitness lab, movement studio and outdoors.

The therapeutic technology of our SLIM laboratory is a great asset. Devices such as VANQUISH Me, ICOON Laser Med, EXILIS and others help to reduce adipose tissue. The programme also includes regeneration in the form of baths, massages and wraps.



WELLNESS & BEAUTY

The original sauna world has its own indoor and outdoor area, saunas, steam cabins and pleasant relaxation areas. The pool is used for recreational activities for non-swimmers and has a beautiful view of the garden. The gym offers individual machines and space for circuit training with an instructor. Tree of Life has a unique exercise opportunity with soft rollers.





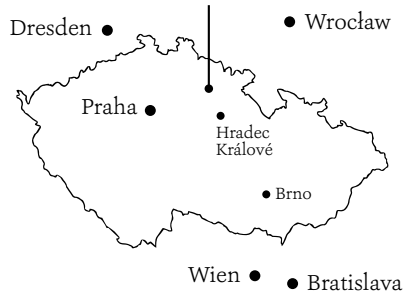


WHERE TO FIND US:

CZECH REPUBLIC



LAZNE BELOHRAD



LAZNE BELOHRAD A.S.
REHABILITATION INSTITUTE BELOHRAD
LAZENSKA 165, 507 81 LAZNE BELOHRAD
CZECH REPUBLIC



MR. RAMI HAJ
AREA MANAGER
+420 724 168 515
rami.haj@belohrad.cz



MRS. LENKA PETŘÍKOVÁ
SENIOR SALES REPRESENTATIVE
+420 725 723 125
lenka.petrikova@belohrad.cz